
WHAT IS NATUROPATHIC MEDICINE?

Naturopathic Medicine is one of the fastest growing health professions. This ever-expanding field not only offers centuries old traditional medicines, but also scientific naturopathic treatments which are based on both controlled, and double-blind clinical studies. At Fusion Chiropractic & Integrative Health, we are interested in providing the best care to our patients, and we believe the best care stems from an integrative medical system where health care professionals work together.

Naturopathic doctors use an individualized approach, which involves treating each case uniquely. ND's work to identify the underlying cause(s), and after thorough case-taking, proper assessment and diagnosis is completed, your ND will decide which combination of treatment modalities best suits you. The following naturopathic services are offered at Fusion Chiropractic & Integrative Health:

- Acupuncture and Traditional Chinese Medicine;
- Detoxification;
- Botanical Medicine;
- Clinical Nutrition
- Stress Management, Weight Management, and Smoking Cessation;
- Lifestyle Counseling;
- Homeopathy; and
- Hydrotherapy.

Naturopathic doctors are trained to treat a wide variety of acute and chronic conditions, safely, and effectively. Below, are some examples of the types of illnesses and conditions that are treated in the most natural, non-toxic, and least invasive way:

- Women's Health (PMS, Menopause, Endometriosis, Uterine Fibroids, Fertility);
- Children's Health (Attention Deficit Disorder, Ear Infections, Asthma);
- Allergies and Environmental Illnesses;
- Skin Conditions (Eczema, Psoriasis, Acne);
- Sleep Disorders and Fatigue;
- Colds and Flu;
- Chronic Infections;
- Heart and Vascular Diseases;
- Hypertension, High Cholesterol, Diabetes;
- Thyroid Problems;
- Arthritis and Pain Management;
- Anxiety and Depression;
- Digestive and Bowel Diseases;

Naturopathic Doctors undergo an intensive course of study which includes four years of training at an accredited naturopathic college. To be licensed to practice, ND's must also pass international and provincial board exams and must be registered with the Board of Directors of Drugless Therapy - Naturopathy (in Ontario).

Naturopathic Medicine is covered under most extended insurance plans.